



JOINT BASE SAN ANTONIO MILITARY & FAMILY READINESS CENTER



JUNE- JULY

Calendar of Events

- ARMED FORCES ACTION PLAN • CASUALTY ASSISTANCE • DEPLOYMENT READINESS • EMPLOYMENT ASSISTANCE •
- EXCEPTIONAL FAMILY MEMBERS • FAMILY LIFE • FINANCIAL READINESS • INFORMATION & REFERRAL •
- MILITARY & FAMILY LIFE COUNSELORS • MILITARY RELIEF SOCIETIES • PROFESSIONAL DEVELOPMENT •
- RELOCATION READINESS • RESILIENCY • SURVIVOR BENEFIT SERVICES • TEAM BUILDING • TRANSITION ASSISTANCE •
- UNIT FAMILY READINESS • VOLUNTEER OPPORTUNITIES • WORK LIFE • VOTING ASSISTANCE •

THREE LOCATIONS TO SERVE JBSA
FORT SAM HOUSTON - LACKLAND - RANDOLPH

A 508 COMPLIANT DIGITAL VERSION OF THIS PUBLICATION IS AVAILABLE AT JBSA.MIL

JBSA-MILITARY & FAMILY READINESS FLIGHT

The Joint Base San Antonio-Military & Family Readiness Centers incorporate services from all branches: Air Force Military & Family Readiness Center (M&FRC), Army Community Service (ACS), and Navy Fleet & Family Support to support the community. M&FRC programs and services support self-reliance, mission readiness, resiliency, and eases adaptation into the military way of life.

Regardless of specific duty station location, patrons assigned to JBSA can attend trainings and utilize the services offered at all three locations. We offer a variety of classes, trainings, and workshops that promote, educate, and facilitate readiness and resiliency:

Aid Societies, Financial Relief

Air Force Families Forever

Armed Forces Action Plan

Casualty Assistance

Deployment Readiness

Employment & Career Development

Exceptional Family Member Program

Financial Readiness

Heart Link

Hearts Apart

Information & Referral

Unit Family Readiness

Military & Family Life Counselors

Military Family Team Building

Personal & Work Life

Relocation Services

Resiliency Training

Survivor Benefit Plan

Transition Assistance Services

Volunteer Opportunities

Warriors in Transition

Voting Assistance Program

Briefings for groups, units, or one-on-one consultations are available by request. Programs and events are subject to change. Some services require a minimum number of participants to be effective. Classes not meeting the minimum number of registered participants may be canceled or rescheduled. Other services may have a limited number of seats or space. Register in advance to guarantee service availability.

(FSH)

JBSA-Fort Sam Houston

(210) 221-2705

(LAK)

JBSA-Lackland

(210) 671-3722

(RND)

JBSA-Randolph

(210) 652-5321

All services provided by the JBSA-M&FR Flight are free and open to all branches of the military, Active Duty Military and their families, Reservists, Coast Guard, National Guard, Retirees, Surviving Spouses, DoD civilian employees (APF and NAF), and DoD contracted employees, unless otherwise stated. The JBSA M&FR flight encourages all people to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please call in advance of your participation or visit.



JBSA-Fort Sam Houston

Mon-Fri 7 AM-4:30 PM

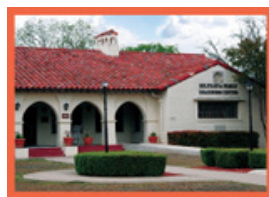
Closed: 1st & 3rd Thursday 1-4:30 PM,
Federal Holidays & AETC Resilience Days



JBSA-Lackland

Mon-Fri 7:30 AM-4:30 PM

Closed: 1st & 3rd Thursday 1-4:30 PM, Federal
Holidays & AETC Resilience Days



JBSA-Randolph

Mon-Fri 7:30 AM-4:30 PM

Closed: 1st & 3rd Thursday 1-4:30 PM,
Federal Holidays & AETC Resilience Days

CALENDAR OF EVENTS JUNE-JULY

JOINT BASE SAN ANTONIO-MILITARY & FAMILY READINESS FLIGHT

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Location Identifiers found left of Workshop listing:

FSH

Fort Sam Houston

LAK

Lackland

RND

Randolph

JBSA

Joint

All centers will be closed the following dates:
June 19 – Juneteenth
July 4 & July 7– In observance of Independence Day

This bi-monthly publication is produced by the 802d Force Support Squadron (FSS), JBSA-Military & Family Readiness Centers. Although every effort is made to publish accurate information, classes and guest speakers are subject to change due to unforeseeable circumstances. Some services require a minimum number of attendees in order to be effective. If the minimum is not met, the class may be canceled or rescheduled. Other services may be limited in size due to classroom space. To ensure availability, call to register.

Military & Family Readiness Center

Community Resource Fair

JBSA, this is your day! Join us for a high-energy community fair packed with real support, powerful resources, and connection that matters. Whether you serve or stand beside someone who does, this is where your military family shows up for YOU.

July 29 • 11 am - 1 pm

LET'S TURN RESOURCES INTO RESULTS—TOGETHER.

SHOW UP. SNAP A PIC. SCORE BIG!

Giveaways

Attend to Win!

JBSA-Fort Sam Houston
Military & Family Readiness Center
3060 Stanley Road, Bldg. 2797

For more information: (210) 221-2705
802.fss.fsysr.centerbox@usaf.mil





JOIN US FOR
A DAY OF
FUN!

LACKLAND M&FRC • 1550 WURTSMITH ST

2 AUGUST, 2025

10 AM TO NOON

REGISTER BY AUGUST 1 • 802FSS.FSFR.1@US.AF.MIL

OR CALL 210-671-3722 OR 210-671-3723

DIVE INTO SUMMER FUN AT OUR SPECTACULAR END-OF-SUMMER SPLASH! GET READY FOR THRILLING SLIP 'N SLIDE ADVENTURES, BOUNCE HOUSES, AND FREE SNOW CONES THAT WILL MAKE YOUR DAY SHINE. JOIN US AS WE CELEBRATE TOGETHER WITH ACTIVITIES FOR ALL DOD ID CARD HOLDERS. IT'S THE PERFECT GET-TOGETHER BEFORE HEADING BACK TO SCHOOL! WEAR YOUR SWIMSUIT AND COME JOIN THE FUN AS WE SAY GOODBYE TO SUMMER AND GET READY FOR A NEW SCHOOL YEAR!

RELOCATION ASSISTANCE

Reduce or eliminate problems arising due to frequent moves with specialized services such as sponsorship and pre-arrival information; mandatory overseas briefings and post-move orientations; lending closet; and immigration services. Call for more information or to sign up for a class.

Naturalization Ceremony

FSH • June 25

July 23

1:30-2:30 p.m.

Newcomer's Orientation

FSH • June 6, 13, 27
July 18
8 a.m. to Noon

LAK • June 4, 18
July 2, 16
8 a.m. to Noon

RND • June 9, 23
July 14, 18
8 a.m. to Noon

JBSA-Pre-Arrival Orientation (Held Virtually)

JBSA • June 24 & July 22 • 8 a.m. & 5 p.m.

Plan My Move

Contact your servicing M&FRC

Trails & Tails

FSH • June 12 & July 10
9 a.m. to Noon

Supplemental Sponsorship Training

FSH • June 4 & July 2
12-1 p.m.

LAK • Call to schedule an
appointment

RND • Call to schedule an
appointment

Newly Assigned Commanders, Command Chiefs & First Sergeants

Call to schedule an appointment

Naturalization Ceremony | Come witness the Oath of Allegiance. No registration needed.

Newcomer's Orientation | Mandatory for all newly assigned JBSA military. Families welcome. To Register: FSH/LAK – Contact CSS or CPO, RND – Contact Unit Personnel Office

JBSA Pre-Arrival Orientation | Get a head start on your PCS. Learn about JBSA housing, child care, schools, healthcare, jobs, and more—before you arrive.

Plan My Move | Service members PCS'ing for the first time, and all ranks PCS'ing OCONUS are required to complete this Training

Trails & Tales | Explore the DoD's largest collection of historic buildings on a guided tour. Open to all DoD ID holders. Registration required.

Supplemental Sponsorship Training | In accordance with AFI 36-3009, eSAT provides checklists, needs assessments, customizable letters, and local resource tips. Family members may also become sponsors. Registration required.

Newly Assigned Commanders, Command Chiefs & First Sergeants | This mandatory briefing meets AFI requirements and introduces key staff and support services at the Military & Family Readiness Center.

FINANCIAL READINESS

Personal Financial Readiness provides information and guidance to assist with financial matters such as budgeting, debt reduction, and basic investment planning. Services are designed to address money management issues, financial readiness education, and basic spending plans.

First Duty Station Officer

FSH • June 3 July 1 8-9:30 a.m.	LAK • June 3 July 1 8-11 a.m.	RND • July 10 10 a.m. to Noon
Prepare Finances for First Child	Prepare Finances for Deployment	Prepare Finances from Return from Deployment
FSH • June 3 July 1 10-11 a.m.	FSH • June 12, 26 July 10, 24 11 a.m. to Noon	FSH • June 12, 26 July 10, 24 2-3 p.m.
Vesting in the TSP	PCS Touchpoint CMT	Understanding your Credit Report & Score
FSH • June 3 2:30-3:30 p.m.	FSH • June 10, 24 July 8, 22 2:30-3:30 p.m.	FSH • June 27 10-11:30 a.m.
Million Dollar Service Member	Continuation Pay under BRS	Surviving the Holidays Financially
FSH • June 16-17 8:30 a.m. to 3:30 p.m.	FSH • July 1 2:30-3:30 p.m.	FSH • June 11 9:30-10:30 a.m.

Moving out of the Dorms

FSH • July 18 2-3:30 p.m.	LAK • June 10 & July 8 8-10 a.m.
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Bundles For Babies

LAK • July 10 9 a.m. to Noon	RND • June 4 9-11:30 a.m. (Virtual)
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Car Buying

LAK • July 15 8-10 a.m.

Developing Your Spending Plan

Social Security & You

RND • June 12 10-11 a.m.	RND • July 24 11 a.m. to Noon
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Mandatory Financial Touchpoints • Call to schedule an appointment.

Think of your financial journey as a road trip, you'll need a plan, fill-ups, and maintenance. These mandatory touchpoints help navigate each stage of your journey.

Touchpoints include: First Duty Station, Promotions, Vesting in Thrift Savings Plan, Continuation Pay, Marriage, Birth or Adoption of First Child, Divorce, Pre-/Post-Deployment, and Career Transition.

First Duty Station Officer | Mandatory within 90 days for all non-prior enlisted officers at their first duty station. Covers pay, entitlements, insurance, credit, TSP, and more.

Prepare Finances for First Child | Plan for your first child with help from financial readiness pros. Fulfills DoD Financial Touchpoint; complete within 6 months of DEERS update.

Vesting in the TSP | Learn TSP rules on contributions, tax benefits, and post-service options; fulfills DoD Financial Touchpoint.

PCS Touchpoint CMT | Mandatory financial readiness training for E6, O3, W2 and below to prepare for PCS-related expenses and changes.

Prepare Finances for Deployment | Plan your finances before deployment to stay mission-focused and take advantage of deployment-related benefits.

Prepare Finances for Return from Deployment | Develop a solid financial plan for post-deployment tasks and long-term financial stability.

Million Dollar Service Member | A two-day course covering financial goal setting, credit, debt, major purchases, and wealth-building for long-term financial readiness.

Understanding your Credit Report & Score | Learn how credit scores work and what it takes to achieve an 850 score.

Continuation Pay under BRS | Learn when you can collect Continuation Pay under BRS, tax impacts, and fulfill a DoD Financial Touchpoint.

Surviving the Holidays Financially | Learn practical strategies to manage holiday expenses, avoid overspending, and prevent debt year round.

Bundles for Babies | Bundles for Babies covers childcare basics and newborn expenses, is open to all DoD ID card holders, and offers \$150 from the Air Force Aid Society for eligible parents; attendance also counts toward the Financial "1st Baby Touchpoint" on MyVector.

Moving Out of the Dorms | Learn how to budget for moving out, including BAH, rental costs, and renter's insurance.

Car Buying | Learn how to research, finance, and budget for a car purchase while avoiding common pitfalls and negotiating a great deal.

Developing Your Spending Plan | Learn how to create or improve a realistic budget, set financial goals, and prioritize spending for better money management.

Social Security & You | Covers your social security benefits types and when and how you qualify and the ages you are eligible to apply for these benefits.

Financial Readiness Program

QUICK TIPS FOR SAVING MONEY

CREATE A BUDGET



EVALUATE SPENDING HABITS



EMERGENCY FUND



LIMIT DEBT



COMPARE PRICES



INVEST FOR THE FUTURE



MONITOR YOUR CREDIT



FOR MORE INFORMATION
CONTACT YOUR
M&FRC FINANCIAL TEAM

FOLLOW US

Facebook.com/mfrcjbsa



MILLION DOLLAR *Service Member*



Who wants to be a Millionaire? This two-day interactive Personal Wealth Building program is designed to provide Service Members and their families a more in-depth overview of various financial topics such as financial goal setting and implementation, Debt Reduction, Savings, Investing, Major Purchases, Insurance, Thrift Savings Plan, retirement planning, time-value of money and long-term wealth building.

- **BALANCED MONEY, BALANCED LIFE**
- **COME BUILD A HEAD START TO YOUR FINANCES**
- **AN INVESTMENT IN KNOWLEDGE PAYS THE INTEREST**
- **BUILD TOWARDS A BETTER FINANCIAL FUTURE**

**JUNE 16-17
8 AM-3:30 PM**

**TO REGISTER
210 221-2705 OR
802FSS.FSYR.FINANCIALREADINESS@US.AF.MIL**



EMPLOYMENT ASSISTANCE

Employment Assistance helps patrons improve essential skills needed to secure employment in a competitive job market. Services include job counseling, resume writing assistance, educational information, and more. Call for more information or to reserve a seat.

Employment Consultation

FSH
Call to schedule

LAK
Call to schedule

RND
Call to Schedule

Mock Interview Board

FSH
Call to schedule

LAK
Call to schedule

RND
Call to Schedule

USAJOBS Navigation & Federal Resume

**FSH • June 4
July 2
1-3 p.m.**

**FSH • June 4
9-11 a.m. (Virtual)**

**LAK • June 10
July 15
1-4 p.m.**

**RND • June 24
July 22 (Virtual)
12-3:30 p.m.**

Salary Negotiation

**FSH • June 11
1-3 p.m.**

**RND • June 3
10-11:30 p.m.**

LinkedIn 101

**FSH • June 25
July 23
1-3 p.m.**

**RND • June 26
10 a.m. to Noon**

Ready Set Resume

**FSH • July 9
1-3 p.m.**

**LAK • June 3
July 1
1-3 p.m.**

**RND • July 15
10 am to Noon
(Virtual)**

MilSpouse Employment Ready

Reverse Career Fair

**LAK • July 29
1-3 p.m.**

**LAK • June 24
1-4 p.m.**

Acing the Interview

**FSH • June 18
July 16
1-3 p.m.**

Employment Consultation/Resume Review • Call to Schedule an Appointment

Get personalized career advice and resume help through one-on-one consultations to support your job search and interview preparation.

Interview Prep/Mock Board • Call to schedule an Appointment

Practice interview skills, boost confidence, and prepare for tough questions with a personalized mock interview session.

USAJOBS/Federal Resume | Learn how to navigate USAJOBS, understand vacancy announcements, and tailor your federal resume.

Salary Negotiation | Learn strategies to research, pitch, and confidently negotiate your salary or raise.

LinkedIn 101 | Learn how to build your LinkedIn profile, expand your network, and boost job opportunities.

Ready, Set, Resume | Learn the basics of creating a general resume from start to finish.

MilSpouse Employment Ready | Military spouses can learn about credentialing, license transfer, job search tips, and online tools to support career success.

Reverse Career Fair | Flip the script as employers approach you during roundtable discussions, giving you a chance to pitch yourself and receive career advice, resume reviews, and support from community partners.

Acing the Interview | Learn how to prepare for interviews, make a lasting impression, and master different interview techniques with confidence.



JBSA MILITARY & FAMILY READINESS CENTER

JOB BANK

Looking for your next career move?

Scan our QR code to access our job bank or visit
<https://wakelet.com/wake/aeNIhHZZqArIE2bR8JODI>

This job bank is filled with exciting opportunities and upcoming job fairs and events.



Contact the JBSA Employment Assistance Program for additional services and support :

Fort Sam Houston
(210) 221-2705

Lackland
(210) 671-3722

Randolph
(210) 652-5321

TRANSITION ASSISTANCE PROGRAM- FORT SAM HOUSTON

TAP is a mandatory program for all service members separating or retiring from the military. Members must begin TAP no later than 14 months before transition date, earlier is better. TAP helps service members meet their post-military goals and plan for a smooth transition. To register for FSH-TAP call 210-916-7322 or 210-916-6089.

Initial Counseling

FSH
Monday-Friday
Call to Schedule

Pre-Separation Counseling

FSH • June 4, 11, 18, 25
July 2, 9, 16, 23, 30
8 AM to Noon

DoD Day

FSH • Executive & Retiree
June 9, 30 & July 14, 28
8 a.m. to 4 p.m.

FSH • Separation
June 2, 23, 30 & July 21
8 a.m. to 4 p.m.

VA Benefits & Services

FSH • Executive & Retiree
June 10 & July 8, 15, 29
8 a.m. to 4 p.m.

FSH • Separation
June 3, 24 & July 8, 22
8 a.m. to 4 p.m.

DoL Employment Fundamentals of Career Transition

FSH • Executive & Retiree
June 11 & July 16, 30
8 a.m. to 4 p.m.

FSH • Separation
June 4, 25 & July 23
8 a.m. to 4 p.m.

DoL Employment Track (2 -day Workshop)

FSH • Executive & Retiree
June 12-13 & July 31-Aug 1
8 a.m. to 4 p.m.

FSH • Separation
June 5-6, 26-27 & July 24-25
8 a.m. to 4 p.m.

DoL Career & Credential Exploration Track (2-day Workshop)

FSH • June 17-18
July 22-23
8 a.m. to 4 p.m.

Career Skills Program Overview

FSH • June 3, 17
July 1, 15
1-2 p.m.

Advanced Employment Workshop (Virtual)

FSH • June 25
July 23
10-11:30 a.m.

Benefits Delivery at Discharge Workshop & Claims

FSH • June 18
July 11
9-11 a.m. & 1-3 p.m.

Employer Day

FSH • June 11
July 16
10 a.m. to 1 p.m.

Federal Resume Workshop (Virtual)

FSH • June 11
July 16
10 a.m. to Noon

LinkedIn 101

FSH • July 10
10 a.m. to Noon

USAJOBS Navigation & Federal Resume

FSH • July 10
8-10 a.m.

Individualized Initial Counseling | Required one-on-one session to start the transition process, covering self-assessment, goal setting, and an Individual Transition Plan.

Pre-Separation Counseling | Step two of the TAP process providing mandatory information on benefits and resources for transitioning Service Members and their Families.

DoD Day | A full-day session covering Managing Your Transition, MOC Crosswalk, and Financial Planning.

VA Benefits & Services | Covers VA benefits and services to support transitioning Service Members and their Families post-military.

DOL Employment Fundamentals of Career Transition | Introduces tools and resources for exploring civilian careers and understanding the employment process.

DOL Employment Workshop | Two-day workshop on resume building, job searching, and interview skills for civilian employment.

DOL Career & Credential Exploration | Two-day session exploring vocational careers, required skills, and credentialing programs.

Career Skills Program Overview | Brief overview of eligibility and opportunities within the Career Skills Program.

Advanced Employment Workshop | Virtual workshop covering skills development, interview techniques, salary negotiation, and professional attire.

Benefits Delivery at Discharge (BDD) Workshop & Claims | Covers the BDD claims process and required documentation for transitioning Service Members.

Employer Day | Networking event with employers offering potential interviews and job opportunities on-site.

Federal Resume Workshop | Live webinar on writing and tailoring federal resumes with expert feedback.

LinkedIn 101 | Workshop on creating a strong LinkedIn profile to support your job search.

USAJOBS Navigation & Federal Resume | Hands-on class on navigating USAJOBS and tailoring federal resumes to job announcements.



DoD SkillBridge Career Skills Program | SkillBridge connects Service Members in their last 180 days of active duty with civilian apprenticeships, internships, and training in fields like healthcare, IT, and finance. Weekly partner webcasts: Wednesdays at 1 p.m. at jbsaskillbridge.eventbrite.com.

For more information, call your hosting location:
 FSH (A–M): (210) 488-4119
 FSH (N–Z): (210) 984-2664
 LAK: (210) 563-8223
 RND: (210) 727-1281

TRANSITION ASSISTANCE PROGRAM- LACKLAND & RANDOLPH

TAP is a mandatory program for all service members separating or retiring from the military. Members must begin TAP no later than 14 months before transition date, earlier is better. TAP helps service members meet their post-military goals and plan for a smooth transition.

Pre-Separation Counseling

LAK • June 17, 24
July 1, 22
9 a.m. to Noon

RND • June 11, 25
July 16, 23, 30
12-3:30 p.m.

TAP Workshop (3-day)

LAK • June 2-4, 9-11
July 14-16, 28-30
7:30 a.m. to 4 p.m.

RND • June 4-6
July 21-23
8 a.m. to 4 p.m.

DoL Employment Workshop (2- Day)

LAK • June 5-6, 12-13
July 17-18, 31-1 Aug
8 a.m. to 4 p.m.

RND • June 6-7
8 a.m. to 4 p.m.

Benefits Delivery at Discharge Workshop & Claims

LAK • June 18
July 24
1-2 p.m.

RND- June 26
July 24
8-9 a.m.

Vocational Workshop

LAK • June 12-13
8 a.m. to 4 p.m.

Entrepreneurship Workshop

LAK • June 25-26
8:30 a.m. to 4 p.m.

RND- July 16-17
8:30 a.m. to 4:30 p.m.

ETAP

DoL C2E Track

VA Benefits & Services

RND- June 13
8 a.m. to 4 p.m.

RND- July 11
8 a.m. to 4 p.m.

RND- July 25
8 a.m. to 4:30 p.m.

Pre-Separation Counseling | Step two of the TAP process providing mandatory information on benefits and resources for transitioning service members and their families.

TAP Workshop (3-Day) | A required 3-day workshop on transition, finances, and VA benefits, led by DOL, VA, and M&FRC (Pre-Separation Counseling required).

DOL Employment Workshop | A 2-day session focused on job search, resumes, and interview skills (TAP Workshop required).

BDD Workshop & Claims | Learn about the BDD claims process, required documents, and timelines before booking an appointment.

Vocational Workshop | A 2-day workshop on vocational careers, skills, and credentialing programs (TAP Workshop required).

Entrepreneurship Workshop (Boots to Business) | 2-day in-person course for transitioning service members to explore business ownership, develop a business plan, and learn about SBA resources (DoD Transition Day required; register at <https://sbavets.force.com>).

Executive TAP (E-TAP) Workshop | A 4-day in-person workshop for retiring E-9s and O-6s focused on leadership transition, financial planning, and VA benefits (Pre-Separation Counseling required).

DOL Career & Credential Exploration | A 2-day in-person workshop to explore vocational fields, required skills, and credentialing programs (TAP Workshop required).

VA Benefits & Services | A one-day in-person course reviewing VA services, disability compensation, and GI Bill benefits, for those who want a refresher after the TAP Workshop (TAP Workshop required; also available at tapevents.mil/courses).



Introduction to Business Ownership	Basics of Opportunity Recognition	Market Research	Economics of Small Business Startup
Legal Considerations	Financing Your Business	Introduction to Business Planning	Resources to Support You



**For more information or to register call your hosting M&FRC.
Lackland • 210-671-3722 Randolph • 210-652-5321**

EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP is a mandatory enrollment program that assists service members and their families with special, physical, emotional, developmental, or intellectual needs. EFMP works with military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personnel services. Call for more information.

EFMP Lunch & Learn

FSH • June 18 & July 23
11:30 a.m. to 1 p.m.
(Hybrid)

LAK • June 26
11 a.m. to Noon
(Virtual)

RND • July 17
11 a.m. to Noon
(Virtual)

EFMP Orientation

RND • June 9, 23
July 14, 28
11 a.m. to Noon

EFMP Special Olympics

RND • June 18
9 a.m. to 1 p.m.

Summer Sensory Friendly Story Time

LAK • June 27 & July 25
9:30-10:30 a.m.

Held at the Lackland Library 1930 George Ave.

Strike Out Challenges

FSH • June 6
5-7 p.m.

RND • July 29
1-3 p.m.

Create your own Charcuterie

LAK • June 13
11 a.m. to 1 p.m.

Held at the JBSA Fort Sam Houston Vogel Resiliency Center

Navigating EFMP

LAK • July 10
11:30 a.m. to 12:30 p.m. (Virtual)

Clarity

LAK • July 24
11:30 a.m. to 12:30 p.m. (Virtual)

EFMP Lunch & Learn | Join us in sharing helpful resources, overcome challenges and discuss different topics related to your Exceptional Family Member. For more information contact your hosting M&FRC.

EFMP Orientation | Learn who qualifies for EFMP, how to enroll, and how the program supports families through services like respite care, TRICARE, and education resources.

EFMP & Special Olympics Field Day | Enjoy a day of inclusive games, crafts, and activities that build community and strengthen family bonds—open to all EFMP families.

EFMP Summer Reading Program | Join other EFMP families for a special sensory-friendly story time with crafts, music, and fun every 4th Friday starting June 27—before the library opens!

Strike Out Challenge | Join us the first Friday of each month for free bowling and shoe rental for EFMP & Hearts Apart Families at the Fort Sam Houston Bowling Center.

Create Your Own Charcuterie | Build and take home your own personalized charcuterie board while exploring creative flavor pairings.

Navigating EFMP | Get an overview of EFMP enrollment, services, and recent updates—including Family Member Travel Screening—especially useful for newly enrolled families and leadership.

Clarity | Learn when and how to seek professional mental health support for your child, with practical guidance and a Q&A session.

SENSORY FRIENDLY STORY TIME

A Special Summer Reading Program for EFMP Families

Hosted by JBSA-Lackland Military & Family Readiness Center & JBSA Lackland Library

EVERY 4TH FRIDAY OF THE MONTH

Starting June 27 • 9:30-10:30 AM
(Enjoy the JBSA Lackland Library before it opens!)

FEATURING:

- Inclusive Story Time
- Hands-on Crafts
- Music & Movement
- Connection with other Families



To register contact: JBSA-LACKLAND EFMP-FS
802fss.fsfr.1@us.af.mil or (210) 671-3722



MILITARY & FAMILY READINESS CENTER
EXCEPTIONAL FAMILY MEMBER PROGRAM
JBSA-LACKLAND





Military & Family Readiness Center

EFMP & SPECIAL OLYMPICS FIELD DAY

In partnership with Child & Youth Services

***Creating Community,
One Step at a Time.***

► ***Join us for a day of inclusive activities, family bonding, and fun designed to build supportive networks and lasting connections.***

- Vibrant summer fun with games, crafts & interactive activities
- Strengthen family bonds & community ties
- Refreshments: Popcorn, shaved ice, hot dogs & more!
- Open to EFMP families (active duty & retired)
- Children must be accompanied by a parent or guardian.

• **Held at Randolph M&FRC •**
555 F Street West, Building 693



JUNE 18
9 AM TO 1 PM



**Special
Olympics**
Texas

DEPARTMENT OF THE AIR FORCE



FAMILY CHILD CARE

To register scan QR code or email
randolphmfrfc@us.af.mil or call (210)652 5321

PERSONAL & WORK LIFE

Personal & Work Life programs provide educational, enrichment, and prevention services to service members, military families, and other DoD ID cardholders. It helps them develop interpersonal, self-care, problem-solving, and help-seeking skills that help build the readiness and resilience needed to thrive throughout the military life cycle.

Car Seat 101

Teen Talk Summer Kickback & Life Skills Series

FSH • June 3
July 1
9-11 a.m.

FSH • July 17
8a.m. to 1 p.m.

New Unit Leadership Training

LAK • June 24
July 22
8-11:30 a.m.

What to Expect When You Have an Aging Parent

RND • June 25
9 a.m. to Noon



Car Seat 101 | Learn about car seat types and basic installation tips to keep your child safe.



Teen Talk Summer Kickback & Life Skills Series | Teens will rotate through interactive sessions in a relaxed, welcoming environment that covers topics like Healthy living, Career, Finance for Teens, Safe Dating & Relationships and more!



New Unit Leadership Training | Required M&FRC briefing on available programs and services for unit support, per AFI 36-3009, para. 2.5.2.

What to Expect When you have an Aging Parent | Explore signs your parent may need extra care, along with tips for holding an intervention and guidance on caregiving, finances, legal matters, and Medicare.



TEEN TALK

JULY 17 , 2025



REAL TALK. REAL SKILLS. REAL LIFE.
KICK BACK, LEVEL UP, AND GET READY FOR WHAT'S NEXT.

JOIN US AT JBSA-FORT SAM HOUSTON M&FRC
210-221-2705





MILITARY & FAMILY READINESS CENTER

What to Expect

WHEN YOU HAVE AN AGING PARENT

Explore warning signs that can help you determine if your parent needs extra care. Review tips for holding an intervention, caregiving resources, and additional information to help navigate financial, legal, and Medicare.

JUNE 25
9 AM TO NOON



For more information or to register call 210-652-5321 or email randolphmfrfc@us.af.mil

The JBSA Military & Family Readiness Centers encourage all people to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please call in advance of your participation or visit.



MILITARY FAMILY TEAM BUILDING & VOLUNTEER PROGRAM

MFTB is about mission readiness and family readiness. It helps service members grow as leaders and teaches families how to adapt and embrace challenges. Open to all DoD cardholders on JBSA. Unit training is available by request. Volunteers support the military and the community through various capacities such as coaches, office assistants, Key Spouses, Ombudsman, SFRG leaders, program assistants, and more. Volunteer Services coordinates with the community to connect patrons with volunteer opportunities. Call for details.

AFAP Focus Group (Virtual)		OPOC Training (Virtual)	
FSH • June 11 JULY 9 10-11 a.m.		FSH • June 17 July 15 10-11 a.m.	
Volunteer 101 & VMIS		VAC Meeting	
FSH • June 17 July 15 1-2 p.m.		FSH • July 16 1-2:30 p.m.	

AFAP Focus Group | Share quality-of-life concerns to be presented to leadership through the Armed Forces Action Plan process.

OPOC Training | Learn how to manage volunteers using the Volunteer Management Information System (VMIS) as an Organizational Point of Contact.

Volunteer 101 | Get hands-on training with VMIS to search for, track, and log volunteer opportunities and hours.

Volunteer Advisory Council (VAC) Meeting | Open meeting for the community attended by representatives from volunteer agencies across the installation to share opportunities and resources.

How to become a Volunteer



The Volunteer Management Information System (VMIS) is an online tool providing a real-time snapshot of volunteer opportunities.

VMIS is a platform that allows organizations on Joint Base San Antonio to share their volunteer openings.

VMIS helps volunteers to manage their volunteer service record, trainings, certificates and track their hours.

Need help registering?
Contact us today to learn about our upcoming VMIS Classes.



DEPLOYMENT READINESS PROGRAM & VOTING

Deployment Readiness offers workshops, briefings, and support groups to enhance mission preparedness and self-reliance throughout the phases of a deployment cycle. Registration is required for unit family readiness workshops no later than 48 hours prior.

The Federal Voting Assistance Program (FVAP) provides information and guidance to active duty service members, their families, and all eligible voters with information and guidance on the voting process by contributing to a better understanding of voter rights and absentee voting. For more information, e-mail the corresponding locations at vote.fortsam@us.af.mil; vote.lackland@us.af.mil; vote.randolph@us.af.mil

Pre-Deployment Briefing

FSH • June 12, 26
July 10, 24
8-10 a.m.

Post Deployment Briefing

FSH • June 12, 26
July 10, 24
10 a.m. to Noon

Pre-Deployment Briefing

LAK • Tuesdays & Wednesdays
9-10 a.m.

Post Deployment Briefing

LAK • Tuesdays & Wednesdays
1-2 p.m.

Pre-Deployment Briefing

RND
By Appointment Only

Post Deployment Briefing

RND
By Appointment Only

R.E.A.L SFRG Key Contact Training

FSH • June 5
9-11 a.m.

R.E.A.L SFRG Key Command Team

FSH • July 3
9-11 a.m.

Voting Overview for UVAO

LAK • July 29
1-2:30 p.m.

RND • July 17
9-10 a.m.

Pre-Deployment Briefing | Required in-person briefing for service members deploying, going TDY over 30 days, or on remote assignment; covers deployment prep and financial management, fulfilling a DoD Financial Touchpoint.

Post-Deployment Reunion & Reintegration | Required in-person training for returning service members covering reintegration, finances, and stress management; spouses encouraged, fulfills a DoD Financial Touchpoint.








R.E.A.L. Key Contacts Training | Required in-person training for all SFRG Key Contacts covering roles, responsibilities, common issues, and available resources.

R.E.A.L. Command Team Training | In-person training for Commanders and First Sergeants on SFRG operations, roles, funding, volunteer management, and recruiting.

Voting Overview for UVAO | The 802nd FSS JBSA M&FRC in collaboration with the FVAP will conduct a congressionally mandated voting assistance officer training workshop for VAO's, and those providing assistance.

COMMANDER'S KEY SUPPORT PROGRAM

The Commander's Key Support Program (CKSP) is a unit readiness program that strengthens family support and connectedness, especially during deployments and PCS moves. Through trained volunteers, the program provides information, resources, and referrals to help families stay informed and resilient. CKSP fosters community, promotes partnerships with support agencies, and ensures Air and Space Force families feel empowered and connected.

CKSP Continuing Education		
 FSH • June 18 11:30 a.m. to 1 p.m.	 LAK • June 10 10 a.m.to Noon	 RND • July 16 10:30-11:30 a.m.
CKSP Immersion Training		
 LAK • July 24 10 a.m. to Noon		RND By Appointment Only
CKSP Mentor Training		
 LAK • July 24 12-1 p.m.		RND By Appointment Only



Initial training is required for all newly appointed Key Support Liaisons (KSLs) and Key Support Mentors (KSMs), can be completed virtually or in person at the Military & Family Readiness Center (M&FRC) when available. This training consists of five standardized modules and takes approximately three hours. KSLs and KSMs cannot serve in an official capacity until all required training is completed.

Before initiating virtual training KSLs/KSMs must coordinate with their Commander and the M&FRC, ensuring an official appointment letter is on file with both the M&FRC and the KSL's/KSM's unit.

How do we access the virtual Initial Key Support Training?

There is a link on the AFPC CKSP page, or you can scan the QR code directly. Create an account if you do not already have one. Once logged in, click on Course Catalog. Search : Department of the Air Force Key Support Liaison Initial Training.
<https://www.militaryonesource.mil/resources/training/air-force-key-support-program/>

CKSP Continuing Education | Available for KLSs/ KSMs, these sessions are focused on providing additional education/ networking opportunities for the CKSP team. Offered quarterly or as requested by unit leadership.

CKSP Immersion Training | KSL/KSM who complete the initial training virtually are required to complete an immersion training. KSL/KSMs who move due to a permanent change of station (PCS) are not required to re-accomplish Initial Training however, they must complete an immersion training. This training provides essential installation-specific information and a brief refresher on Initial Training, ensuring KSLs/KSMs are well-prepared for their roles.

CKSP Mentor Training | Mentor Training is a one-time mandatory training for all new KSMs and is intended to be taken after Initial Key Support Training.



JBSA-FORT SAM HOUSTON

MILITARY & FAMILY READINESS CENTER



Scan to email

3060 Stanley Road, Building 2797
(210) 221-2705; 802fss.fsysr.centerbox@us.af.mil

Hours of Operation:

Monday-Friday 7 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days

TRANSITION ASSISTANCE PROGRAM



Scan to email

Joint Transition Readiness Center

3931 Okubo Barracks, Bldg. 3639

(210) 916-7322 or 916-6089; 802fss.fsysr.tap@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4 p.m.

Closed for all Federal holidays.

JBSA-LACKLAND

MILITARY & FAMILY READINESS CENTER



Scan to email

1550 Wurtsmith St., Building 5725, Room 212

(210) 671-3722; 802fss.fsysr@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days

TECHNICAL TRAINING AIRMAN READINESS ELEMENT

1550 Wurtsmith St., Building 5725, Room 214

(210) 671-5406 or 671-5408

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days

JBSA-RANDOLPH

MILITARY & FAMILY READINESS CENTER



Scan to email

555 F Street West, Building 693

(210) 652-5321; randolphmfrfc@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days



www.jbsa.mil/Resources/MilitaryFamilyReadiness



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